

NRSG266 ASSESSMENT 1

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Introduction

In this recent era, it can be observed that the overall health system has adopted management programs to integrate important services specifically for older people. Some nurses have trained specially for treating elderly people with respect and care. They are also trained to understand the mental condition of elderly individuals. The study is going to discuss the role of these nurses to give individual care to old age people to maintain their good health condition. During working on these patients, those nurses generally pay attention to some factors such as trying to understand the chronic conditions of a patient's health, increasing their "cognitive thinking skills", and providing proper information to elderly patients about their health and safety.

Discussion

The role of a nurse in Caring for an older individual with respect and dignity

Different countries have paid attention to advancing the quality of nursing and also they are focusing on "person-centered caring" for elderly people to maintain their health condition. Nurses are responsible to plan a perfect framework for elderly patients' lifestyles, and health care, and also nurses have been providing safe and quality care to them (Clancy et al. 2021, P.878). Every older person is not required to go to the hospital for a checkup, they need to be treated with personalized care by nurses and some medicines can cure them. At the elderly age, people require lots of mental care, rather than medical support, and during that time they are generally ignored by their family members (van der Geugten & Goossensen 2020, P.818). In this context, these nurses assist them and provide them mental support and make them understand personal safety. While treating these elderly patients, nurses generally do maintain some factors such as providing essential medications to them, taking twenty-four hours of care, understanding the mental condition of patients, finding out the internal disease of the elderly ones, and also provide them proper ideas and concepts about their health issues.

The essential interaction by nurses for older people with respect and care

The study is mainly focusing on elderly people's health care and well-being and registered nurses are more capable of doing this for their community. Elderly people have been suffering from different health issues, most of them contain several types of disease. During this time, they have been considered a burden to society and this kind of behavior destroys their mental condition (Er, İncedere & Öztürk 2018, P. 675). It can be seen that this kind of behavior enhances the morbidity or mortality rate of elderly people. Registered nurses generally interact in a better way with older people and it is necessary to communicate with them politely. Communication can be conceded as one of the important parts of healing. Therefore, the important part is to build a positive relationship with them, so that older patients can confess their thoughts, pain, and internal health issues to the nurses. Proper and better communication can assist to improve their health condition,

and also reduce medical mistakes. Making elder patients feel comfortable while caring for them is also beneficial to recovering their mental and physical state. Active listening is another way to build their trust and show them concern; these approaches are generally attached to psychological aspects (Östlund et al. 2019, P.1). In this case, patients do not know about medical terms, and also sometimes they are clueless about their health uses. The elderly care nurses generally make them slowly understand their health conditions and also elucidate to them the necessity of taking medication to get well soon.

The process of maintaining healthy aging through person-centered care

There is a necessity that can be observed in the person-centered care for elderly people and it is related to long-term care. In order to save these vulnerable elderly patients and reduce the mortality rate, health care organisations and committees have implemented person-centered care (Rejnö et al. 2020, P.104). The core objective of person-centered care is to understand the value of elderly people and give them proper care and respect. In this modern era, most hospitals have arranged the PCC and in addition, nurses have trained to prove PCC in a better way. In this context, a nurse generally took the responsibility for an elderly patient and assist him for twenty-four hours. There can be observed some responsibilities of nurses regarding person-centered care, those are, identifying the long-term disease, providing essential medicines, and giving suggestions to the patient to take proper diagnosis (Tauber-Gilmore et al. 2018, P.223). The process of PCC is more costly, though people are taking such kind of assistance to mitigate the issues of elderly people. The objective of the PCC is to diagnose individual people and give them proper treatment. Individual care leads the health caregivers to pay more attention to needy elderly people and the accuracy of the treatment can be maintained. In addition, PCC can able to concentrate on a single person at a time, and in this way, proper medication can be given to them and also provide mental, and psychological support to them.

Conclusion

The study showed that, the importance of elderly people's lives and the role of nurses to provide them with better assistance. In old age, these people are being ignored by their own family, friends, and neighbors. People have deliberately considered elderly people as burdens and they are not receiving proper care. As a result, the overall mortality or morbidity rate has been enhanced a lot throughout the world. The study showed that health care professionals have realised that proper medications should be given to them to improve their health quality. Nurses are mainly responsible for taking care of those elderly patients and providing them twenty-four hours of support. In this context, personalized care is the most beneficial approach, that can able to cure the patient's health and also psychological condition. The study also demonstrated that communicating with elderly

people is not easy and requires lots of training and experience. Communicating with elderly people is one of the essential steps and giving them support, care, and self-recognition is one of the important tasks. PCC has a great significance in promoting elderly care and making awareness about the topic among people, throughout the world.

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